

THE RUNNING STITCH NEWS

"...Where we Inspire You to Create"

Happy September!

I'm writing this in August, but by the time you get this, September will have started, summer will be just about over, and back to school will be on everyone's mind. At the store, we've turned our minds to Fall and holiday projects as the temperatures cool. There are lots of new classes with the Fall session as you'll see with the descriptions. Lots of different ideas from big quilts to smaller projects, so there's bound to be something for everyone and Christmas gift ideas to boot!

I can't believe that summer is almost coming to the end. For me it has been very busy one with the new house and a new garden. Although Raymond and I did most of the interior decorating early on, there has been some tweaking as we have settled in. I confess that moving to the new house was quite the change, and it has taken me a while to get used to it. This summer we had a small deck built and did some landscaping with flowers and exotic trees like a butterfly tree, a Ginkgo and a Sunburst. The first few days I was worried that the trees would die, but they are thriving so it turns out that I worried for nothing. The plan is still to dig in another flower garden, and then I think I will be happy with our yard. Raymond is still looking for more roses to plant. He loves roses and could not imagine a garden without a variety of them.

Raymond and I did a little bit of traveling this summer but only short trips. We had a very enjoyable trip to Auburn, New York, where we saw Nancy Crow. Her work is contemporary, artistic, fantastic, and incredibly expressive. She dyes her own fabrics. She does not have specific patterns, but instead prefers to invent, like a painter on a canvas. Nancy describes the purpose of her quilts as being "something beautiful for me but at the same time they are a means of expression representing my deepest feelings and my life experiences. In addition, my

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quilts are all about how I see color and color relationships; how I see shapes; and how I see line and linear movements. They are also about complexity, sadness, and hope". If you ever get the chance to see Nancy and her work, I strongly suggest that you do!

For more information about Nancy, visit my blog (<http://runningstitchca.blogspot.com>)!

From there, we then went shopping and decided to visit Niagara from there, a short 300 km away. We went to visit the extensive gardens at Niagara. The Horticultural School is in Niagara Falls so their gardens are quite extensive and stunning. The Falls are as beautiful as ever but the crowds are unbelievable. We did not stay long and but we did take the time to travel through the wine route to Niagara-on-the-lake. It is more commercial than the last time we visited, but it is still pleasant with some very nice stores.

For our 31st wedding anniversary, we decided on a short trip to Montreal. We were looking for some roses so we stopped in St-Eustache, which has extensive garden centers. We did not find what Raymond was looking for, but we did stop at a favourite restaurant, L'Impressioniste, for a great meal. Even though it was a short trip, it was a good time and nice to get away from the store for a bit. We will take another trip in the Fall but have not picked a destination yet. We are open to suggestions...

Here is What's Happening in the Classroom

As promised, the class calendar is full to bursting with classes for the Fall quarter. I'm excited about the variety of options! The calendar is up on the website, but here is the summary of it all.

As always, there are 3 easy options to register for any of these classes: in store, call us at 613-836-5908, or [register online](#). Do be sure to register early as classes have begun filling up and you don't want to miss out!

Unfortunately, although we had scheduled Hollyhocks, Canada Goose and Wanda's Club with Wanda Duross, for health reasons, Wanda is unable to teach. We wish Wanda well during her recovery!

Because of the volume of classes being offered, pictures of samples are all available on the website for your viewing pleasure (<http://therunningstitch.ca>). Let us know if you have a problem seeing anything and we will be happy to send any requested pictures directly to you by email.

Sampler I

The essential beginner class, this is a twelve block pieced sampler quilt top with sashings, corner stones and borders. Come and learn all about basic rotary cutting, piecing, pressing and how to apply borders correctly. In the first class, we will be discussing colour theory and choosing your fabrics for the quilt.

Instructor: [Gabriele](#)

Sessions: 8

Class Fee: \$125.00 + supplies (a 10% discount will be applied on your supplies & fabric during the 1st class)

Day Dates: Wednesday, September 1st, 8th, 15th, 22nd, 29th, & October 6th, 13th and 20th

OR Wednesday, October 27th, November 3rd, 10th, 17th and 24th, & December 1st, 8th, and 15th

Time: 10:00 am - 12:30 pm

Evening Dates: Thursday, September 2nd, 9th, 16th, & 23rd, 30th, October 7th, 14th, and 21st

OR Thursday, October 28th, November 4th, 11th, & 18th, 25th, December 2nd, 9th, and 16th

Time: 6:30 - 9:00 pm

Broken Star

This beautiful and ornate pieced star pattern is an intermediate level quilt. Different techniques from strip piecing to cutting 45 degree angles and paper piecing are used. Join Gabriele to learn the tricks of the trade to make your Broken Star sharp and on point. The finished quilt size is 78" by 78".

Instructor: [Gabriele](#)

Sessions: 4

Date: Monday, September 7th, 14th, 21st & 28th

Time: 1:30 - 4:30 pm

Cost: \$120.00 + supplies & pattern

Snow Days

This pattern by Crab-Apple Hill is described as being small, rural community awakening to a blanket of new fallen snow. The sledding hill is buzzing with activity, but the farms and forests are quiet and still. This quilt is a combination of embroidery, done with one colour of variegated floss in combination with pieced four blocks made in different. The final result is a 66" by 66" quilt, made largely with fat quarters!

Instructor: [Heidi](#)

Sessions: 12

SOLD OUT!

Dates: Saturday, October 16th, November 20th, December 18th

Times: 10:00 am - 12:00 pm

Cost: \$20.00/session + pattern & supplies

OR

Instructor: [Michèle](#)

Sessions: 12

Dates: Wednesday, September 8th, October 6th, November 10th, December 8th

Times: 6:30 - 8:30 pm

Cost: \$20.00/session + pattern & supplies

Civil War Tribute: Block of the Month

Designed by Homestead Hearth to honour the upcoming 150th Anniversary of the American Civil War, the finished size of this quilt is 100" x 112". The Civil War Tribute quilt highlights a variety of sawtooth and star blocks. Each of the quilt blocks represents a major battle fought during the Civil War and the patterns include historical references about the corresponding battles.

Instructor: [Gabriele](#)

Remaining Sessions: 5

Dates: 2nd Wednesday of each month

Time: 6:30 - 8:30 pm

Cost: Kit fee: \$34.95 per month (including pattern & supplies) / Class fee: \$10.00 per session

Beginner Hand Appliqué

Gabriele will introduce you to the world of appliqué in a fabulous class that she has created with beginners in mind. Learn how to prepare a block, leaves, stems, flowers and so much more! Gabriele will show how easy and rewarding it is.

Instructor: [Gabriele](#)

Sessions: 6

Cost: \$20.00 per session + \$5.00 per kit

Dates: Monday, September 13th, 20th, 27th, October 4th, 18th & 25th

Time: 1:00 - 3:30 pm

OR

Dates: Friday, September 10th, 17th, 24th, October 1st, 8th & 15th

Time: 6:30 - 8:30 pm

The 4 B's

In this class, you will learn all about the big 4 B's of quilting:

1. Borders
2. Backing
3. Binding
4. Batting

Instructor: [Gabriele](#)

Sessions: 1

Date: Saturday, September 11

Time: 1:00 - 4:00 pm

Cost: \$30.00

Open House: Cocktail Hour

Have there been classes you are interested in but unsure of what exactly they are about? New classes on tap that pique your interest? Here is your chance to find out more. Meet the instructors, ask questions and see the samples during cocktail hour! Register for 2 classes and your name will be entered in a draw to get your third class at half price! We will be serving coffee, tea, cold drinks and goodies!

Date: Tuesday, September 14th

Time: 6:30 - 8:00 pm

Small Sewing Projects

Every month will bring a new project! Miriam will make sure that your machine will be used to its maximum potential.

Instructor: [Miriam](#)

Sessions: 1 class per month

Cost: \$20.00 per session + kit

Day Dates: Thursday, September 16th, October 21st, November 18th

Times: 1:00 - 3:30 pm

Evening Dates: Wednesday, September 15th, October 20th, November 17th

Times: 6:30 - 9:00 pm

Bali Bag

Bali Briefcase or Square Bag can be made. These popular and sturdy bags are created from fabric covered clothesline made from Hoffman Bali Pops.

Instructor: [Miriam](#)

Sessions: 2

Cost: \$40.00 + pattern & supplies

Dates: Saturday, September 4th and 18th **SOLD OUT!**

Time: 1st session from 10:00 am - 12:30 pm; 2nd session from 10:00 am - 2:30 pm

OR

Dates: Wednesday, October 13th and 27th

Time: 1st session from 1:00 - 3:30 pm; 2nd session from 1:00 - 5:30 pm

TZ Wearable Art Trunk Show

Come be inspired by a trunk show of fashion and wearable art creations of **Carroll Thatcher** and **Vikki Zulpo** of TZ Art Wearables! Catch a glimpse as to how these award-winning wearable art creations are made. See the techniques up close, and hear how they get their inspiration. Photos and notes may be taken. If there is interest, there will be an opportunity to sign up for workshop to be held at a later date to learn more and practice many of these techniques.

Date: Saturday, September 18th

Time: 1:00 - 4:00 pm

Fee: \$30.00

Machine Quilting

With the **Walking Foot**, Gabriele will take the mystery out of machine quilting, guiding you through the first steps in quilting that beautiful top. You will also learn how to “stitch in the ditch”, make grids and gentle curves with your walking foot. With the **Darning Foot** you will learn some new designs and Gabriele will show you how to free-motion quilt. She will guide you through the basic techniques by performing several exercises. You will learn about batting, needles, threads, how to mark your quilt tops and so much more.

Sessions: 2

Instructor: [Gabriele](#)

Dates: Saturday, September 25th & October 2nd

Time: 10:00 am - 1:00 pm

Cost: \$60.00 + supplies

Advanced Machine Quilting

After this class, quilting using feather designs will no longer be a mystery. Come learn the technique and different ways of “feathering” whether you want to stitch them in a border or as a filler.

Instructor: [Michèle G.](#)

Session: 2

Dates: Tuesday, October 12th & 19th

Time: 1:30 - 4:30 pm

Cost: \$60.00 + supplies

Hand Appliqué Club: Ode to Morris

This quilt was designed by Katie Friesen. It is an appliqué masterpiece based on the work of William Morris of the Arts and Crafts Movement and is the second in the series following Expressions of Morris. This stunning quilt is alive with blooms and foliage in every block.

Instructor: [Gabriele](#)

Sessions: 12

Cost: \$20.00 per session + pattern & supplies

Day Date: Tuesday, October 5th, November 2nd,
December 7th

Time: 1:00 - 3:30 pm

Evening Date: Monday, October 4th, November 1st,
December 6th

Time: 6:30 - 9:00 pm

East-Meets-West Holiday Themed Shop Hop

The Running Stitch will be celebrating the festive **Christmas season** while Quilty Pleasures will be getting spooky with **Halloween**. This exciting event will include a **Mystery Quilt** for purchase, with half of the pattern to be found in the East and half in the West. There will also be **Peel-and-Reveal discounts, activities, and prizes**. **Passports** will be available! Be sure to register at **both stores** to be eligible for participation gifts from both stores.

Where: The Running Stitch & Quilty

When: October 15th & October 16th

Angels Among Us

Designed by Dougal Ann Walker, the Freckles Collection presents this appliqué block of the month collection which is comprised of six patterns. Each angel has it's own charming personality and corresponding embroidered mantra. The finished size of this wall hanging is 43" by 45".

Instructor: [Heidi](#)

Sessions: 6

Date: Friday, October 15th, November 19th, and
December 17th (*to be continued next quarter*)

Time: 10:00 am - 12:00 pm

Cost: \$120.00 + pattern & supplies

Tulip Time

This fresh wall hanging is sure to impress. Join Lynne to learn how to piece a background and machine appliqué on larger pieces with added texture techniques, to create a lively final result that pops to life.

Instructor: [Lynne](#)

Sessions: 4

Dates: Friday, October 15th, 22nd, 29th, & November 5th

Time: 1:30 - 4:30 pm

Cost: \$120.00 + pattern & supplies

Embroidery Club

Start your Saturday morning off with a bang! Bring your embroidery project and enjoy a coffee and muffin on us. While not a formal class, there is sure to be advice available as well as other nifty projects to see and admire.

Instructor: [Heidi](#)

Sessions: Monthly

Date: Saturday, October 16th, November 20th, and December 18th

Time: 8:00 - 10:00 am

Cost: \$15.00 per session

Christmas Tree Napkins

Looking to do some fun Christmas sewing? Here's just the thing! Add tasteful trimmings to your holiday place settings with these clever Christmas tree napkins! These napkins make wonderfully unique gifts and are perfect for all your entertaining seasonal festivities.

Instructor: [Miriam](#)

Sessions: 1

Dates: Friday, October 22nd

Time: 10:30 - 12:30 pm

Cost: \$20.00 + kit

Colour Theory

Terrified of choosing fabrics for your quilt? Join Gabriele in a fun hands-on class where she will demonstrate various colour techniques to take the mystery out of choosing colours. In this class, you will do fun exercises to practice the theory and learn the basic principles. It's a great way to learn or improve your understanding of colour theory.

Instructor: [Gabriele](#)

Sessions: 1

Date: Saturday, October 23rd

Time: 10:00 am - 4:00 pm

Cost: \$60.00 + book

Sunday School

You want to know about a tool? You want to learn about a new technique? You want to discuss problems? You want to find a solution? Why don't you come and spend some time with Michèle Gagné, the Queen of Tricks! Treats will be served and you never know what else (*hint* *hint*) will be on tap!!

Instructor: [Michèle](#)

Sessions: Bi-Monthly

Dates: Sunday, October 24th, December 12th

Time: 2:00 - 5:00 pm

Cost: FREE!

Log Cabin

There are a lot of ways to make a log cabin quilt. Learn Marti Michell's technique using her book Log Cabin ABC's. Come to class and design your own stunning look with Michèle's guidance.

Instructor: [Michèle G.](#)

Sessions: 3

Dates: Tuesday, October 26th, November 2nd and 9th

Time: 1:30 - 4:30 pm

Cost : \$90.00 + book & supplies *Marti Michell's Log Cabin ruler recommended!

Oven Mitt Stockings

Baking Christmas goodies has never been so much fun as with this cheerful oven mitt! This stocking-shaped mitt will certainly add a dash of festivity to any kitchen. It's also a great seasonal gift idea! Join Miriam for some festive fun.

Instructor: [Miriam](#)

Sessions: 1

Dates: Friday, October 29th

Time: 10:30 am - 12:30 pm

Cost: \$20.00 + kit

Grommet Bag

The Grids & Grommets Bag by Indygo Junction is a versatile pattern that comes in 4 sizes. It uses grommets as closures and has a comfortable shoulder strap. You have the option of making your bag from one fabric or multiple fabrics (as shown in sample)!

Instructor: [Miriam](#)

Sessions: 2

Date: Saturday, October 30th and November 6th

Time: 10:00 am - 12:30 pm

Cost: \$50.00 + pattern & supplies

Quilt Labels

Have you ever been stressed over the inability to be able to find the perfect quilt label after spending considerable time and money making the perfect quilt? Beth will teach you how to create your own personalized label to enhance and compliment your masterpiece. She will talk about different options and you will make a label using a method used by Kim Churbuck, designer and author, using permanent pigment pens.

Instructor: [Beth](#)

Sessions: 1

Dates: Saturday, November 6th

Time: 1:00 - 4:00 pm

Cost: \$30.00 + supplies

One Block Wonder

Enter the world of one fabric, one shape... and one-of-a-kind quilts with Jody! See how a single print, all cut up can be rejoined and then rearranged (in multiple ways) with stunning and dramatic results. Total inspiration for the imagination!

Instructor: [Jody](#)

Sessions: 3

Dates: Monday, November 8th, 15th, and 22nd

Time: 1:30 - 4:30 pm

Cost: \$90.00 + book & supplies

Create Your Own Design

In this class, you will start designing your very own block in either curves or geometric shapes. Lynne will guide you through the process by looking at a variety of examples and trying one of your own. Drawing skills are not necessary. Your own block can be simple or very detailed, the choice is yours. The next step is picking a colour scheme that appeals to you from the "Colour Tool". Learning to sew curves and geometric pieces will be taught so that you can make an original and unique piece.

Instructor: [Lynne](#)

Sessions: 1

Date: Saturday, November 13th

Time: 9:00 am - 5:00 pm

Cost: \$90.00 + supplies

New York Beauty

Paper piecing is the easiest way to make this beautiful block. Join four blocks and make a lovely wall hanging while learning the paper piecing technique. Michèle will show you how to do curve piecing. Don't let the perceived difficulty level scare you; if you are comfortable with piecing you will be able to do this method. It is a lot of fun and the outcome is stellar!

Instructor: [Michèle](#)

Session: 2

Date: Tuesday, November 16th and 23rd

Time: 1:30 - 4:30 pm

Cost: \$60.00 + pattern & supplies

Hollywood Boulevard

Why make a scrap quilt? As Judy Martin would say... "Scraps make your quilts sparkle. Scraps make quilts personal. Scraps teach you about colour. Scraps offer a creative outlet." Hollywood Boulevard was constructed with Japanese-style prints. The shadow makes this quilt stunning and outstanding. The vignette is the fabric we used. The completed sample will be ready shortly!

Instructor: [Miriam](#)

Sessions: 3

Dates: Saturday, November 20th and 27th & December 4th

Time: 1:30 - 4:30 pm

Cost: \$90.00 + book & supplies

Octagon Star

Use your 2 ½" strips of fabric or any Bali Pops to construct a lap quilt. To make this quilt bigger, you can add one or more borders. Learn strip piecing and quick cutting with Michèle's techniques and find out how easy and fun it is to construct 8 points blocks.

Instructor: [Michèle G.](#)

Sessions: 4

Dates: Tuesday, November 16th, 23rd, 30th and December 7th

Time: 6:30 - 8:30 pm

Cost: \$80.00 + pattern & supplies

Place Mats

Stash buster placemats are here to help make some room for new fabric! This is a feel good and inexpensive project. We are going to use leftovers from your quilt projects or any bad or ugly fabric, you just couldn't throw away to make these placements. Beth will teach you how to make an oval place mat, and from there, the sky is the limit! You can make square, oval, round - placemats, rugs, coasters, pot holders or even baskets. You'll be begging for more scraps! No quilting required!

Instructor: [Beth](#)

Sessions: 1

Dates: Saturday, November 27th

Time: 10:00 - 12:30 pm

Cost: \$25.00 + supplies

Problem Solving 101

Something stopping you from finishing up your project? Having difficulty understanding your pattern? Think you need a different technique to make your life easier? Bring your project in and Gabriele will help you trouble shoot and give you some expert advice.

Instructor: [Gabriele](#)

Sessions: 2

Date: Monday, December 6th and 13th

Time: 10:00 am - 1:00 pm

Cost: \$25.00 per session

Bargello Tree Skirt

The key to creating the Bargello Wheel is the 10 Degree Wedge Tool. The wedge tool creates a lovely circular design, ideal for a Christmas tree skirt. The 10 degree wedge is also used in fun patterns like the Spicy Spiral. Join Jody to learn this fun technique. Your tree skirt can be made in a small or large size.

Instructor: [Jody](#)

Sessions: 2

Dates: Friday, December 10th and 17th

Time: 1st session from 1:00 - 5:00 pm; 2nd session from 1:00 - 3:00 pm

Cost: \$60.00 + pattern & supplies

Calling all Men for Man Shopping Day!

Here's your golden opportunity to find The Gift. For one stop shopping, come to The Running Stitch! If you bring in our Christmas List (it'll be on our website for you to download) filled out by that special person in your life, you will receive a **20% discount (including floor model Bernina machines)**! Hot apple cider will be served!

Date: Saturday, December 11th

Time: *all day!*

Last Minute Christmas Projects

You want to prepare last minute gifts? Come and join Miriam to put together a runner or placemats... the ideas are endless! If you have a project in mind, bring the pattern in advance (or get us to order it!), we'll study it and be ready to assist you.

Instructor: [Miriam](#)

Sessions: 1

Dates: Tuesday, December 14th

Time: 10:00 am - 12:30 pm

Cost: \$25.00

Thank You!

On Sunday, August 29th, The Running Stitch held a Special Event for all the ladies who purchased a Frequent Buyer Card (For those of you who don't know, the Frequent Buyer Card - FBC - entitles the holder to 15% off their purchases, except Bernina products, classes and magazines). Thank you to all who attended. It was quite the party! There were refreshments, demos and plenty of laughs. Suffice it to say, it was a good time, and we look forward to doing something similar next year! I apologize to everyone who did not receive their mailed invitation. Please make sure that the address that we have in the system is correct for future mailings!

That's All for Now!

As you can see, lots going on! No shortage of inspiration to be had. Stay tuned and check the website often for more exciting happenings. I'm sure that there will be a few extra events and other goings on added to the calendar before the end of the year. Have a great September and happy sewing!!

